



Among Friends

Training Title:

Are You Forgetting Something?!?; The Six Core Components of Sexuality

Description:

In order to support someone's healthy sexual development you must look at all the aspects of sexuality – from the psychological and biological to the interpersonal and medical. This training will teach you the six core components of sexuality and how to break them down into smaller pieces to evaluate behaviors for teaching skill building.

Learning Objectives:

- Explore the limitations of the word 'sex'
- Articulate the difference between sex vs. sexuality
- Learn the *Six Core Components of Sexuality*
- Recognize sexuality as a birth-to-death experience
- Understand how the components of sexuality/relationships relate to behaviors
- Realize why it is imperative for parents and professionals to address sexuality and relationships proactively

Primary Audience:

This training is designed for anyone supporting someone who needs support regarding their healthy sexual development and may need to evaluate their behaviors in romantic or sexual relationships. This information is especially useful for parents, care team members, and professionals in mental health, aging and disabilities, and intellectual and developmental disabilities.

Formats Available:

FastTrack
Half Day
Full Day

Appreciations:

“Very professional presentation and it took down the barriers and normalized the conversation around around human sexuality.”

You can book this training now! Fill out our [Training Inquiry Form](#).

Questions? Contact our Training Coordinator Mel at: mel@among-friends.org