

# **Training Title:**

Co-Workers and Courtship; Navigating Relationships, Sexuality, and Boundaries at Work: Part I Working with A Supported Person

# **Description:**

The confusing and conflict-ridden waters of relationships and sexuality on the job can be overwhelming. Helping someone else navigate these issues can be even more challenging. This training is for employment support professionals who help their clients experiencing intellectual, developmental, and/or neurological diversity in an employment setting to be better prepared to understand workplace relationships and boundaries.

## **Learning Objectives:**

- Understand healthy sexual development and recognizing the desire for, and right to, explore romantic and sexual relationships
- Acknowledge peer influence and the desire to "be like everyone else"
- Identify different relationships in a workplace and pro-social behaviors in each type of relationship
- Outline boundaries and expectations in a workplace environment
- Develop different plans for "What To Do At Work If..."

### **Primary Audience:**

This training is designed for employment support professionals who work with people with intellectual, developmental, or neurological diversity and who need to help them navigate relationships and sexuality in a workplace setting.

#### Formats Available:

FastTrack Half Day

## **Appreciations:**

"The need for education for people with disabilities so they understand appropriate behavior before going into the work force is really important.

Shayna gave a lot of good information on how to approach the topic with a person and their team."

You can book this training now! Fill out our <u>Training Inquiry From</u>.

Questions? Contact our Training Coordinator Mel at: mel@among-friends.org